

Quit Smoking Charlottesville

A free support group to help you
quit smoking!

Join our free Quit Smoking Support Group
Every Thursday from 5:00 to 6:00 PM for 12 weeks!

Next session: **March 1 - May 17**
Charlottesville/Albemarle Health Department
1138 Rose Hill Drive, Entrance #3

Led by Tom Daniel, MD and Barrie Carveth, NP

Open to the entire community
Friendly and supportive group setting
A wide range of informative speakers
No advance registration needed
Anyone can join at any time!

For more information, contact:

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