



Charlottesville Free Clinic

An open door to health care

2025 Gratitude Report



Your Philanthropy, Your Impact in 2025

3,069

patients

1,629

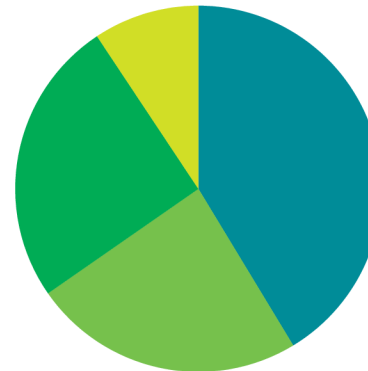
new patients

9,369

visits

**including dental,
mental health,
medical, and other
specialist visits**

Patient Income Category



Extremely Low

<100 Federal Poverty Level

Very Low

100%-138% FPL

Low

139%-200% FPL

Moderate

200%-300% FPL

It Takes a Team

This year marked transformative growth for the Charlottesville Free Clinic. We provided **16.7% more patient visits** through our medical, dental, and mental health services, with our small staff and **over 600 volunteers delivering \$611,524** in donated healthcare. Our digital dentistry program alone created **89 new smiles through partial dentures and protective guards**, restoring not just oral health but the confidence patients need to interview for jobs and care for their families.

Free Clinic patients come from nearly **800 different employers across our region**—the cashiers, cooks, caregivers, and essential workers who keep our community running but lack access to affordable healthcare.

Behind these numbers are stories of profound gratitude and transformation that remind us why this work matters. None of this happens without partners like you who understand that healthcare is a cornerstone of community stability.



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Chair of the Board

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FNP, Medical Director

Dr. Mo Nadkarni
Founder

Dr. Jonathan Leist
Dentist

Willa Barnhardt
Executive Director



Your Donations Supported

1,403
patients

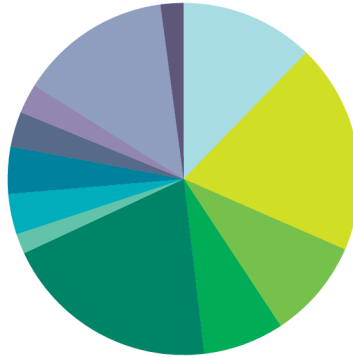
672
new patients

5,593
patient visits

847
mental health visits

3,479
primary care visits

1,267
specialty care visits



- Hematology
- Allergy/Immunology
- Nutrition
- Ear, Nose, Throat
- Physical Therapy
- Neurology
- Pulmonology
- Cardiology
- OB/GYN
- Orthopedics
- Optometry
- Dermatology



New at the Clinic: Physical Therapy

Meet Jocelyn “Jo” Reeder, PT, DPT — the driving force behind the Free Clinic’s new physical therapy program. Jo says that it was her dream after retirement to make physical therapy accessible to those who might otherwise go without. In just a few short months, she has helped turn that vision into reality.

Thanks to dedicated therapists like Jo and Judy Zacharias, patients can now receive in-house physical therapy for a wide range of conditions that impact their daily lives.



A Network of Care for Complex Cases

Nina arrived at the Free Clinic after a visit to the ER, where she had experienced a racing heart, chest pain, overwhelming anxiety, and an itchy rash that seemed to appear from nowhere. The ER discovered problems with her thyroid, prescribed a medication, and discharged her with instructions to "find an endocrinologist"—a nearly impossible task for someone without insurance. Fortunately, Nina found the Free Clinic.

At the Free Clinic, Nina saw several specialists but her condition mysteriously worsened and the angry, inflamed rash spread across her skin, robbing her of sleep and peace. As a full-time caregiver for children, Nina couldn't take prescribed medications that would have left her drowsy during the day, leaving her with few options. During a visit with a volunteer endocrinologist, Nina broke down in tears. The rash now covered 80% of her body, and she was at her breaking point, but strangely, her thyroid problems had resolved spontaneously.

The Free Clinic activated its partnerships and fast-tracked Nina to UVA Dermatology within just two days. She was provided specialized treatment that would have typically required months of waiting and been financially impossible for Nina to access on her own. Nina's story exemplifies how the Free Clinic's collaborative model can transform lives.



Your Donations Supported

1,666
patients

3,776
patient visits

957
new patients

921
hygiene visits

A New Era: Digital Dentistry

We're expanding care with digital dentistry and 3D printing, which allows us to do more than remove diseased teeth—it enables us to replace them quickly and affordably.

In just 3 months, we've provided 14 removable partial dentures and 75 occlusal guards—restoring 89 smiles.

In the past, patients had to cover the cost of replacement, often amounting to six months' worth of wages. By replacing damaged teeth, we're not just improving oral health; we're helping patients regain confidence and the ability to support their families.



Integrated Care in Action

When Jose arrived at the Free Clinic's dental clinic, he was in excruciating pain from a severe mouth infection that had kept him awake for days. The 52-year-old cook hadn't seen a dentist in over a decade, and the neglect had taken its toll. The team quickly addressed the emergency, saving one tooth with a root canal and extracting another beyond repair.

During treatment, Jose mentioned constant thirst, unexplained weight loss, and daily exhaustion. Recognizing the warning signs, the dental team referred him to the Free Clinic's medical providers, who diagnosed uncontrolled diabetes—a condition behind his repeated infections and poor healing.

What began as an emergency dental visit turned into a multi-year health journey. With his diabetes under control through medical care, Jose was able to complete extensive restorative dental work. Thanks to partial dentures, he now has a complete smile and renewed confidence.

Today, Jose only returns for maintenance visits, with his oral health strong and diabetes better managed.



Your Donations Supported

1,075
pharmacy patients

19,301
prescriptions
dispensed

Cost Savings

\$1,734,098
value of prescriptions
dispensed

VS.

\$46,909.94
what CFC spent

Value of
Prescriptions
Dispensed



A Lifeline in a Time of Need

As someone living with diabetes, Mr. Wicker was no stranger to the high cost of life-saving medications. But after a serious workplace accident left him unable to work, his situation quickly became critical. Although he was able to undergo a necessary knee replacement surgery while still insured, the recovery period brought new challenges: he was out of work, not yet eligible for Medicare, and quickly overwhelmed by the cost of medications and physical therapy.

"I was drained," Mr. Wicker recalls. That's when he turned to the Free Clinic. Here, he found not only the support he needed, but a community that helped him bridge the gap. The clinic provided his essential diabetes medications and physical therapy at no cost, giving him the resources to fully recover. Thanks to the Free Clinic, Mr. Wicker is finally pain-free after his surgery, and he's not stopping here—with progressive vision loss, he'll be back soon for an eye exam and new glasses.

To other patients and donors, Mr. Wicker shares a message of gratitude: ***"I am extremely blessed. After all that's happened to me, I know life is a gift—and I can keep on going."***

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Provide oversight on patient care

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Provide oversight on clinic and pharmacy policies and procedures

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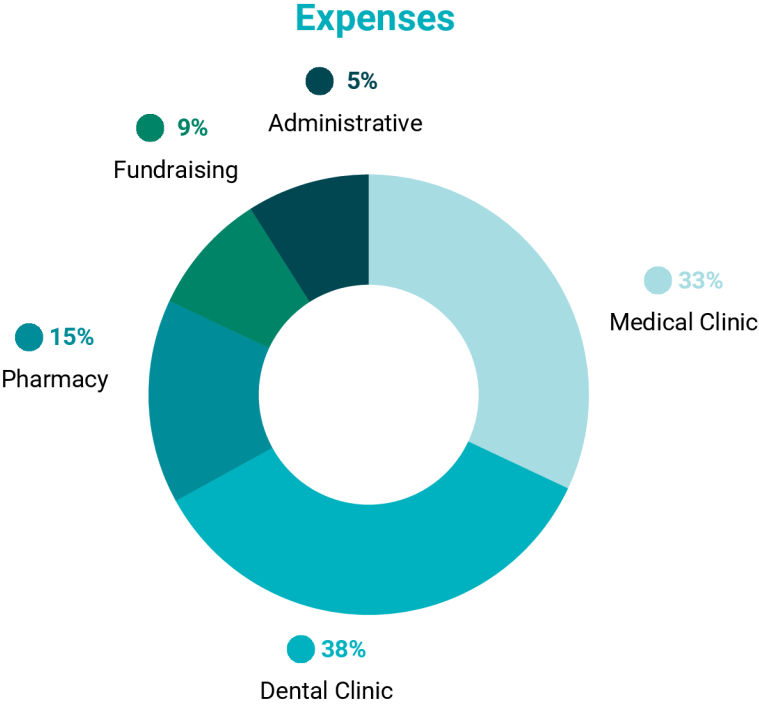
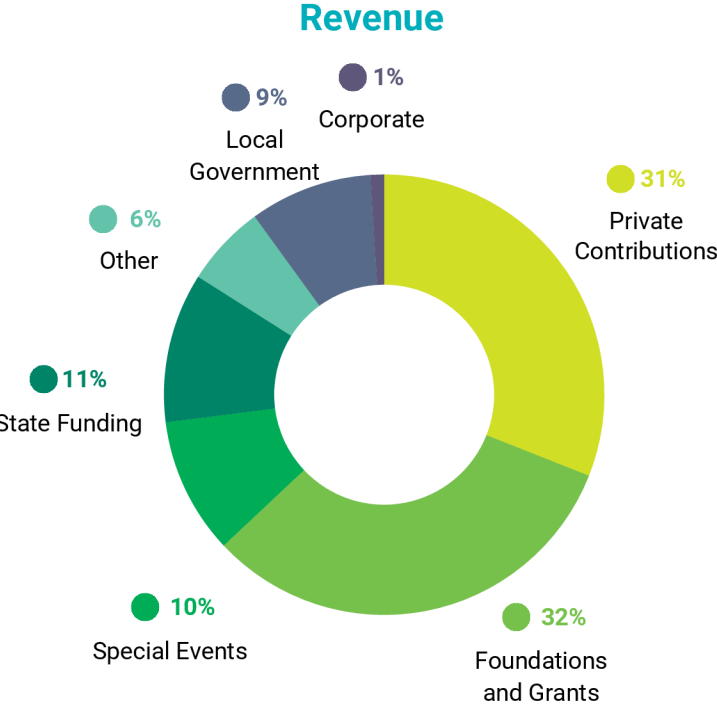


\$611,524
value of care
provided by
volunteers

13,810
hours of care
provided
by volunteers

648
volunteers

Financials



*The generous support that you provided has gone directly back into the clinic allowing us to provide \$2.47 million dollars of care to serve **3,069** patients over **9,369** visits.*

**End-of-Year Income and Expenses (July 1, 2024 - June 30, 2025).*

Our Patients

DURING FY2025, MORE THAN

3,069

low-income uninsured and underinsured adults received health care services at the Free Clinic. Here is a brief profile of a segment of the Free Clinic patient population:

GENDER

54%

FEMALE

46%

MALE

AGE

67%

20 TO 60 YEARS OLD

WHERE THEY LIVE

81%

CHARLOTTESVILLE & ALBEMARLE COUNTY

5%

GREENE COUNTY

4%

LOUISA COUNTY

4%

FLUVANNA COUNTY

THE REMAINDER LIVE IN THE SURROUNDING COUNTIES

HOUSING

50%

RENT

11%

OWN

30%

LIVE WITH FAMILY OR FRIEND

8%

OTHER / UNKNOWN

Surveyed

Many uninsured community members visit the emergency rooms of local hospitals for non-emergency health issues. In fact, when asked where our patients would go for health care if the Free Clinic didn't exist,

36% TOLD US THEY WOULD HAVE GONE TO AN E.R.

45% TOLD US THEY WOULD HAVE GONE WITHOUT CARE.



Annual Benefit Concert

Emmy Lou Harris

Fundraising events like our annual benefit concert are one of the most important revenue stream. Thank you to our sponsors, donors and concert-goers who contributed to a sensational night of music and celebration. And an extra special thank you to Emmy Lou Harris, Valerie June, Coran Capshaw, Ann Kingston, Red Light Management, and the Ting Pavilion. What a night!



Gratitude!

Your investment in the Charlottesville Free Clinic enables us to keep an open door to health care. We are grateful for your support! The gifts listed below were received between July 1, 2024 and June 30, 2025.

\$100,000+

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\$25,000-99,999

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It's been nearly a year since we lost one of our fearless leaders, Meghan Hinger. As CEO of Clinical Operations, Meghan led the Free Clinic with extraordinary compassion, dignity, and pride. Working alongside her was a true gift—she poured her heart into every detail, no matter how big or small. Her dedication to her profession was recognized not only within the Free Clinic but across the state when she received the Virginia Nurses Foundation's 40 Under 40 Trailblazer Award.

Meghan's patient-first spirit continues to guide our mission each day. Her legacy lives on in the patients she served, the colleagues she inspired, and the countless lives she touched.

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 Dr. DJ and Mrs. Colleen Bickers
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Senator Kaine Visits the Free Clinic: A Powerful Conversation on Access and Impact

Senator Tim Kaine visited the Charlottesville Free Clinic in September to hear firsthand from our doctors, nurses, and patients about the real-life impact of healthcare needs in our area. The visit shone a spotlight on our community's generosity and the Free Clinic's powerful model of care—proving what's possible when compassion, collaboration, and commitment come together to keep Virginians healthy.

Our Vision

The Charlottesville Free Clinic is an open door to health care for our neighbors in need.

Our Mission

To provide a volunteer-driven, community-based health system for uninsured and underinsured individuals in the greater Charlottesville area.

Our History

In 1992, Dr. Paul DeMarco and Dr. Mohan Nadkarni dreamed of a volunteer-driven clinic that would provide free, high-quality health care to our community – and the Charlottesville Free Clinic was born. Today, the Free Clinic operates out of the generosity of health care professionals who volunteer over 14,000 hours of their time each year.

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